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## PRESS RELEASE

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## Alzheimer's Education Series Continues at Defiance Public Library

[DEFIANCE] – The Northwest Ohio Chapter of the Alzheimer's Association will continue its free education series at Defiance Public Library, 320 Fort St., with three more sessions aimed at helping attendees learn how to navigate life with Alzheimer's and dementia.

All informational sessions begin at 3 p.m. Upcoming topics include: Strategies for Surviving the Holidays (Dec. 12), Risk Reduction and Early Detection (Jan. 9), and What is Hospice and How Can it Help? (Feb. 13).

Registration is required. Those interested in attending can register for each session individually at defiancelibrary.org/calendar, or by calling the library at 419-782-1456.

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