



dpls

defiance public library system
Defiance • Sherwood • Hicksville

PRESS RELEASE

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Defiance Public Library

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Johnson Memorial Library

116 W High St.

Hicksville, OH 43526

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Sherwood Branch Library

117 N Harrison

Sherwood, OH 43556

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Alzheimer's Education Series Continues at DPL

Register now for free informational sessions

[DEFIANCE] – The Northwest Ohio Chapter of the Alzheimer's Association will continue its free educational series on March 12 at Defiance Public Library with "10 Warning Signs of Alzheimer's."

Alzheimer's causes changes in memory, thinking, and behavior that differ from normal aging. This program will discuss the difference between normal aging and Alzheimer's, the common warning signs, the importance of early detection, and the benefits of receiving a diagnosis.

Sessions are also scheduled for April 9 ("Understanding Alzheimer's and Dementia") and May 14 ("Healthy Living for Your Brain and Body"). All sessions begin at 3 p.m. in the Nellie Gary Reading Room at Defiance Public Library, 320 Fort St.

These programs are open to all adults. Registration is required. Register for each session individually at defiancelibrary.org/calendar, or by calling the library at 419-782-1456.